

June 27th & 28th, 2011, registration deadline is June 20, 2011.

# **Thunder sports Pitching and Hitting Softball Camp at Southern Wells High School.**

## **Pitching instruction by Suzie Rzegocki**

Poneto, IN

Ages: 8-18 | Camp Times: 9:00 AM - 3:00 PM

Cost: \$110.00\*

All pitchers are encouraged to bring a catcher.

No additional charge for catchers. Catchers will receive defensive training, hitting instruction, and a t-shirt. Catchers can be a player, friend, parent or sibling.

### **Camp Summary**

Thank you for your interest in the Thunder Sports Pitching and Hitting Camp at Southern Wells High School. Thunder Sports is the premier instructional softball camp company in the country. Our staff is dedicated to making your experience the single most important 2 days in your softball career. The purpose of Thunder Sports camps is to teach the fundamentals as well as the advanced skills of softball to various age levels, helping each participant to better understand the game both mentally and physically. Joining us will also allow players to further develop individual skills through instruction and individual attention. Players will work hard but have fun doing so.

Thunder Sports Camps welcomes all individuals, groups, partial to full teams and organizations.

## Players Receive

- **All players**
- Up to 10+ hours of elite, professional instruction
- Opportunity to meet and learn from former professional players and collegiate stars
- Low player to coach ratio (last year around 7 to 1)
- Position specific instruction for pitcher and catchers on the field with verbal assessment of skills throughout camp
- Lunch will be served at the fields
- Camp T-shirt
- Pitching guide for success
- Opportunity to develop life-long friendships with players and staff

June 27th: Day One 9:00am to 3:00pm

June 28th: Day Two 9:00am to 3:00pm

Every player age 8-18 has the opportunity to take her game to the next level. With 10+ hours of professional instruction, each player will work on all aspects of fastpitch pitching and hitting for softball.

What will I learn at this camp? As a player you will be evaluated by a professional eye and receive hands on, intense softball training. Our goal as a staff is to provide you with the tools to better your game, increase your knowledge, skill and confidence and assist in getting you to the next level of play and beyond.

- Stance, Balance and swing plane for hitting
- Mental preparation and Hitting Philosophy
- Hand-eye coordination drills
- Opposite field hitting
- Hitting with two strikes - Hitting Off-speed pitches
- Situational hitting including Bunting
- Base Running
- Windmill Pitching mechanics
- Catcher Skills - receiving, blocking, throwing & more

## Professional Instructors

**Elizabeth Milian** – Record Setting Former Player at Ball State University

**John Hendricks** – Thunder Sports Camp Director-Former coach at Celina High School, Career record 149-30.

**Jamie Siefker** - Former player at the Univ of the Cumberlands

**Kinsey Schumann** – Former player at St. Francis University

**Phil Schumann**-Thunder Sports Asst. Camp Director

**Kelli Williams**-Former player at Ashland and Coach at Saint Francis in Pennsylvania.

**Jenn Alderman**-Former player at Ashland, pitching coach at Marietta College in Ohio

**Katie Harlamert**-Former Pitcher for the University of Findlay, Varsity Softball Coach at Arcadia High School

Camp instructors displayed are subject to change. Additional instructors are sometimes added and / or listed instructors sometimes have to cancel.

Camp Facilities

Camp will be conducted at Southern Wells High School. The address is 9120 South 300 West, Poneto, IN, 46781.

Meals at Camp

We will provide lunch at the fields for both days.

Softball Items to Bring to Camp

- **Please remember to label all equipment, equipment bags and belongings with your name**
- Softball or other athletic clothing
- Ball cap or visor
- Cleats and indoor shoes in case of rain
- Bat and batting gloves
- Glove
- Catchers gear if you have some (catchers only)
- Helmet if you have one
- Several shirts or tank tops
- Long sleeve shirts or pullover jacket
  
- Sun Block & SPF Lip balm (chapstick)

## Emergency Contacts

For all emergencies dial 764-348-6413 or 419-733-1462 and a Thunder Sports Camps staff member will give you any assistance needed.

## Check-In Location & Instructions

Please check-in when arrive at the field each day of the camp.

## Sample Camp Schedule

9:00am-	Warm up
9:30am	
9:30am-	Pitching Instruction
10:30am	
10:30am-	Pitching stations
12:00pm	
12:00pm-	Lunch
12:30pm	
1:00pm-	Pitching Review and Catching drills
2:00pm	
2:00pm-	Hitting Drills
3:30pm	
3:00pm	End of day

Your Camp Hosts

Thunder Sports Camps has been providing elite softball camps and fastpitch clinics for over ten years. Thundercamps.com has put together some of the up-to-date softball training camps available today. As a student athlete, you can expect a complete, competitive softball camp experience while learning from and practicing with world-class coaches and players.

Whether you are a first-time softball player in need of the basics of pitching and hitting; or you are an elite college-bound athlete preparing for the tough college circuit, Thunder Sports Camps offers instruction for all levels of play - from the short game to the long ball, from mental toughness to conditioning.

**Make Checks Payable to Thunder Sports**  
**Send Form and Money to:**  
**Thunder Sports and Camps**  
**1000 N High St**

**Hartford City, IN 47348**

**Contact Information**

**Email: [john@thundercamps.com](mailto:john@thundercamps.com)**

**Camp Director: 765-348-6413**

**Southern Wells Contact: Sydney Osborn 765-331-9278**